



Readiness for the Montessori Young Children's Classroom

Classroom Activities

- Attempts to feed themselves with either their hands or utensils and a cup.
- Walks steadily and sits in size appropriate chairs confidently.
- Wash their hands with assistance.

***Parent Support:** Provide your child with opportunities to walk independently and to climb into their own seats when appropriate. Encourage independent eating habits by offering food that is easy to grab or scoop.*

Verbal Communication and Listening Skills

- Attempts to communicate with words, gestures or noises.
- Enjoys sitting for brief periods of time to listen to books or songs.

***Parent Support:** Give your child the space and time they need to express themselves. Give them the words they need and repeat the words or phrases they are trying to use.*

Resting (If staying all day)

- Sleeps without the use of a sleep sack.
- No bedtime/naptime bottles
- Quiet body/ voice
- Laying on a resting mat (sleeping or awake) for at least 45 min.

***Parent Support:** Keep a consistent routine at home for napping and bedtime. Encourage independent sleep.*